

# Saughall All Saints Primary

**Week 3 - week beginning 15/9, 6/10, 3/11, 24/11, 15/12, 19/1, 9/2**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<b>Meatball Sub</b> Served with Corn on the Cob, Chunky Coleslaw and Seasonal Vegetables or Salad	<b>Big Breakfast—</b> Sausage, Vegan Sausage, GF Sausage, Scrambled Egg, Hash Browns, Mushrooms, Tomatoes and Baked Beans	<b>Roast of the Day or (Vegan) Quorn Fillet</b> Served with Roast and Mashed Potatoes, Carrots, Broccoli , Sage and Onion Stuffing, Yorkshire Pudding and Gluten Free Gravy	<b>Homemade Chicken Biryani</b> Served with Curry Sauce and Naan Bread, Seasonal Vegetables or Salad	<b>Gluten Free Fish Finger Soft Taco Wrap with Tartar Sauce and Salad</b> Served with Chips, Baked Beans or Garden Peas
<b>Homemade Meat Free Cottage Pie</b> Served with Seasonal Vegetables and Gluten Free Gravy	<b>Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo</b> Served with Salad	<b>Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo</b> Served with Salad	<b>Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo</b> Served with Salad	<b>Cheese and Onion Pasty</b> Served with Chips and Baked Beans
<b>Sliced Ham, Cheese or Tuna Mayo in a Choice of Breads, Served with Salad</b>	<b>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad</b>	<b>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad</b>	<b>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad</b>	<b>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad</b>
<b>Cheese &amp; Crackers</b> Yoghurt/Fresh Fruit	<b>Ginger Biscuit with a Fruit Wedge</b> Yoghurt/Fresh Fruit	<b>Mrs Prenton’s Warm Chocolate Fudge Cake with Ice Cream</b> Yoghurt/Fresh Fruit	<b>Cheese &amp; Crackers</b> Yoghurt/Fresh Fruit	<b>Fruit Muffin</b> Yoghurt/Fresh Fruit

Besides our wonderful menu the following are available daily: unlimited salad, milk and chilled water.

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery and mustard.

Please speak to the catering staff if you have any concerns.