

Saughall All Saints Primary

Your 4 Week Menu

Week 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken or Quorn Nuggets Potato smiles and Seasonal Vegetables or Baked Beans	Spaghetti Bolognaise with Garlic bread and Seasonal Vegetables	Roast Turkey (Quorn Fillet for those with dietary requirements) Roast / Mashed potatoes and Seasonal vegetables and gravy	Chicago Town Pizza With Mini potato waffles Baked Beans and Seasonal Vegetables	Fish fingers and Chips Baked Beans or Peas
Cheese Omelette Potato smiles and Seasonal Vegetables or Baked Beans	Deli option with a Choice of Breads and Cheese, Tuna Mayo or Sliced ham Served with Salad	Jacket Potato With Cheese, Beans or Tuna Mayo Served with Salad	Deli option with a Choice of Breads and Cheese, Tuna Mayo or Sliced ham Served with Salad	Hot Dog/ Quorn Dog With Chips, Baked beans or Peas
Chocolate penny served with a fruit wedge or Yoghurt/ Fresh Fruit	Iced sponge cake served with a fruit wedge or Yoghurt / Fresh Fruit	Melting Moment/ Yoghurt/ Fresh fruit	Cheese and crackers/ Yoghurt/ Fresh Fruit platter	Fruit Jelly and Ice cream/ Yoghurt/ Fresh Fruit

Besides our wonderful menu the following are available daily: Unlimited salad, Fresh bread, Milk and Chilled Water

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery, mustard please speak to the Catering staff if you have any concerns.

